


# Rocky's Retreat

## September Lunch Specials



<p><b>Breakfast is offered daily.</b> There is no charge for students approved for free or reduced meal assistance. Paid student breakfast is \$1.45</p>	<p><b>Carry Over Application for meal assistance expires September 27<sup>th</sup>. Please submit new applications prior to avoid interruption of meal benefits.</b></p>			<p>1<sup>st</sup> Lunchable or Chicken Poppers Carrots w/dip Seasoned Corn Fruit Choice or Juice Physedible Milk Choice</p>
<p>4<sup>th</sup>  Labor Day No School  </p>	<p>5<sup>th</sup> Mozzarella Sticks or Mini Pancake &amp; Sausage Seasoned Corn Peas Fruit Choice or Juice Milk Choice</p>	<p>6<sup>th</sup> Taco Max Snax or Soft Pretzel/cheese cup Sliced Tomato Carrots &amp; Dip Fruit Choice or Juice Fruit Snacks Milk Choice</p>	<p>7<sup>th</sup> Fold n Go Ham &amp; Cheese or Cheese Pizza White Chicken Chili w/crackers Cheesy Broccoli Fruit Choice or Juice Milk Choice</p>	<p>8<sup>th</sup> Spaghetti or Nachos w/meat &amp; cheese Green Beans Seasonal Vegetables Fruit Choice or Juice Garlic Bread Milk Choice</p>
<p>11<sup>th</sup> Cheeseburger or Cheesy Garlic Flatbread Carrots w/dip Mixed Vegetables Fruit Choice or Juice Goldfish Milk Choice</p>	<p>12<sup>th</sup> Turkey Gravy or BBQ Chicken Leg Mashed Potatoes Caesar Salad Fruit Choice or Juice Dinner Roll w/margarine Milk Choice</p>	<p>13<sup>th</sup> Cheese Pizza or Soft Taco Refried Beans Lettuce &amp; Tomato Fruit Choice or Juice Snicker doodle Milk Choice</p>	<p>14<sup>th</sup> Fish Nuggets or Chicken Fries Green Beans Tator Tots Fruit Choice or Juice Milk Choice</p>	<p>15<sup>th</sup> Cheese Quesadilla or Chicken Sandwich Seasoned Corn Sweet Waffle Fry Fruit Choice or Juice Milk Choice</p>
<p>18<sup>th</sup> Toasted Cheese or Mini French Toast/Sausage Tri Tators Seasoned Peas Fruit Choice or Juice Milk Choice</p>	<p>19<sup>th</sup> Corn Dog or Cheese Pizza Cheesy Broccoli Sliced Tomato Fruit Choice or Juice Pudding Cup Milk Choice</p>	<p>20<sup>th</sup> Taco Salad or Chicken Nuggets Seasonal Vegetables Seasoned Corn Fruit Choice or Juice Cinnamon Goldfish Milk Choice</p>	<p>21<sup>st</sup> Cheesy Breadstick w/marinara or Nachos w/meat &amp; cheese Green Beans Carrot Coins Fruit Choice or Juice Milk Choice</p>	<p>22<sup>nd</sup> Sub Sandwich or Chicken Fries White Chicken Chili w/crackers Carrots w/dip Fruit Choice or Juice Milk Choice</p>
<p>25<sup>th</sup> Chicken Nuggets or Fried Chicken Leg Cooked Carrots Green Beans Fruit Choice or Juice Dinner Roll w/margarine Milk Choice</p>	<p>26<sup>th</sup> Cheese Quesadilla or Cheeseburger Caesar Salad California Blend Fruit Choice or Juice Milk Choice</p>	<p>27<sup>th</sup> Sloppy Dippers or Chicken Sandwich Baked Beans French Fries Fruit Choice or Juice Milk Choice</p>	<p>28<sup>th</sup> Lunchable or Mac n' Cheese Carrots w/dip Seasoned Corn Fruit Choice or Juice Physedible Milk Choice</p>	<p>29<sup>th</sup> Chicken Poppers or Soft Taco Lettuce &amp; Tomato Mixed Vegetables Fruit Choice or Juice Chocolate Chip Cookie Milk Choice</p>

Student Lunch \$2.20 Yogurt or EZ Jammer meal offered daily as alternate choice.

Salad bar offered daily to 3<sup>rd</sup>-5<sup>th</sup> graders.

\*Menu Subject to Change \*\$27.50 Service Charge for Returned Checks