

Rocky's Retreat January Lunch Specials



1 st Happy New Year!	2 nd 	3 rd Chicken Nuggets or Fried Chicken Leg Tri Tators Green Beans Fruit Choice or Juice Biscuit w/margarine Milk Choice No Salad Bar	4 th Cheese Pizza or French Toast & Sausage Seasoned Corn Cooked Carrots Fruit Choice or Juice Chocolate Chip Cookie Milk Choice No Salad Bar	5 th Sloppy Dipper or Chicken Sandwich Mixed Vegetables Baked Beans Fruit Choice or Juice Milk Choice No Salad Bar
8 th Cheeseburger or Taco Max Snax Seasoned Corn Seasoned Peas Fruit Choice or Juice Milk Choice	9 th Fold n Go Ham & Cheese or Cheese Quesadilla Black Beans Cheesy Broccoli Fruit Choice or Juice Milk Choice	10 th Chicken & Noodles or Chicken Fries Mashed Potatoes Carrots & Dip Fruit Choice or Juice Dinner Roll w/margarine Milk Choice	11 th Soft Pretzel w/cheese cup or Pancakes & Sausage Sliced Tomato Tator Tots Fruit Choice or Juice Milk Choice	12 th Spaghetti or Nachos w/meat & cheese Green Beans Seasonal Vegetables Fruit Choice or Juice Garlic Bread Milk Choice
15 th Fish Nuggets or Chicken Fries Broccoli Tator Tots Fruit Choice or Juice Goldfish Milk Choice	16 th Cheese Pizza or Corn Dog Baked Beans Green Beans Fruit Choice or Juice Snickerdoodle Milk Choice	17 th Cheeseburger or Cheesy Garlic Flatbread Carrots w/dip Mixed Vegetables Fruit Choice or Juice Milk Choice	18 th Cheese Quesadilla or Chicken Sandwich Seasoned Corn Sweet Waffle Fry Fruit Choice or Juice Milk Choice	19 th End of Semester No Students 
22 nd Toasted Cheese or Mini French Toast/Sausage Tri Tator Seasoned Peas Fruit Choice or Juice Milk Choice	23 rd Taco Max Snax or Cheese Pizza Refried Beans Sliced Tomato Fruit Choice or Juice Tortilla Chips Milk Choice	24 th Chicken Nuggets or Sausage Gravy Broccoli Seasoned Corn Fruit Choice or Juice Biscuit Milk Choice	25 th Cheesy Breadstick w/marinara or Nachos w/meat & cheese Green Beans Cooked Carrots Fruit Choice or Juice Milk Choice	26 th Sub Sandwich or Mozzarella Sticks Mixed Vegetables Carrots w/dip Fruit Choice or Juice Milk Choice
29 th Sloppy Joe or Chicken Sandwich Baked Beans French Fries Fruit Choice or Juice Milk Choice	30 th Cheese Quesadilla or Cheeseburger Caesar Salad California Blend Fruit Choice or Juice Milk Choice	31 st Chicken Nuggets or Fried Chicken Leg Cooked Carrots Green Beans Fruit Choice or Juice Dinner Roll w/margarine Milk Choice		

Yogurt or EZJammer meal offered daily as alternate choice. Salad bar offered daily to 3rd-5th graders.
Student Lunch \$2.05 *Menu Subject to Change *\$27.50 Service Charge for Returned Checks

This institution is an equal opportunity provider.