



## Understanding your Student Assistance Plan (SAP)

The Student Assistance Plan is a benefit provided by your school. It provides two (2) prepaid counseling sessions at any Bowen Center outpatient location.

### Access for All Students

Access to quality mental health is important to your school corporation. All students corporation-wide are covered. There is no co-pay or preauthorization required.

### Private and Confidential

The school is not informed of your decision to access this program. At times the school corporation will assist you in making referrals. Privacy laws protect you and your child's health information unless you give consent through written release of information.

### Parent and/or Guardian consent to treat

Consent of the parent or guardian is required for children. After the initial two (2) prepaid SAP sessions you will be provided with the options for continuing treatment. You are not obligated to continue your child's treatment beyond the prepaid SAP sessions. Bowen Center provides access to healthcare navigation and fee assistance for those that qualify.

### Summer coverage & Exclusions to coverage

You may access your prepaid SAP sessions during the summer vacation break. Medication management, psychological testing, inpatient care and any court ordered treatment are excluded from coverage.

### Setting an Appointment

Simply contact the Bowen Center **Registration & Scheduling** department at **1.800.342.5652** and state "I am a parent (or guardian) of a **MSD of Steuben County** student and would like to schedule sessions for my child through the Student Assistance Plan" Please be prepared to provide insurance information in order to make sure your child is placed with a properly insured provider if you choose to continue treatment beyond SAP coverage.

### Questions not answered here

Questions about coverage? What to expect from counseling? Billing? Your school has a dedicated Bowen Center Student Assistance Plan (SAP) specialist to promptly and privately assist you. To contact your SAP Specialist directly call: **1.800.342.5653**

## Locations

Albion

Angola

Auburn

Columbia City

Fort Wayne

Huntington

Lagrange

Plymouth

Syracuse

Wabash

Warsaw